

Return to Roots Foundation announces HIJACK-PREVENTION TRAINING COURSE

Current statistics show that South Africa has the highest number of rapes in the world with over 1 million women were raped last year with only 400 conviction.....A large number of hijackings are resulting in rapes, both to men - in front of their wife and family, and women, in front of their husband and children. This for both men and women is the ultimate of degradation and violation. (You may wonder how do we know this information, WE ARE CURRENTLY providing trauma counseling for these cases).....If this thought bothers you, DONT ignore this warning and pass the info onto others....

This course is unique as it is practical, and has shown to PREVENT shootouts in a hijack situation and is through "tried and tested" methods developed by Aubrey Pieterse - (TBS Services) over a twelve-year period with highly skilled trainers who have a trauma counseling background. The input from numerous hijack victims and other such atrocities has helped perfect the different methods that are part of this training. The course will provide you with the confidence to face your daily routine without being constantly fearful of the surrounding crime and are available for corporate on a national basis, as well as for individuals. This workshop is for both men and women, and also covers what to do if you have your children in the car with you.

By attending the workshop, you will immediately empower YOURSELF and your family (training and development) plus a *percentage of the fee* is donated to the Return to Roots Foundation (non profit organization), which enhances the corporate social investment sector of your company.

Return to Roots Foundation won an international award during 2004 in Canada, for the success of this and the rape prevention module and for the contribution to women's safety.

The practical course will cover the following topics:

1. An intensive awareness program designed to assist you to improve your awareness and observation skills enabling you to pre-empt the attack and avoid it.
2. Preventive measures you can take in your daily routine to avoid hijackers.
3. The modus operandi currently used by hijackers.
4. How to best deal with the attack should you fall victim to the crime.
5. What to do if the hijackers keep you in the vehicle and get you to drive them to a different more dangerous location..
6. How to get your children, passengers and yourself out of the vehicle safely in the event of a hijacking.
7. Products available to improve your safety.
8. **Course participants are put through a hijack simulation at their vehicle which reinforces the theory taught and the success of getting through their worst nightmare can be extremely empowering.**

LOGISTICS

The duration of each course is three hours.

The course will be run at any venue chosen by the company or at our own premises in Randburg Each course may have a maximum of forty participants (as to enable each person to have individual practical training).

Each participant will receive a training manual that at a later stage can be used for revision.